April 23, 10-10:30 am, 10:45-11:15 am

### Parent/Child Swim Classes

Shannon Schafer will run these classes Sunday morning. For ages 2-5. *Space is limited*. This event is not for siblings.

Register online at SchaferSports.com

April 23, 1:00 - 4:00 pm

### **IEP Reviews**

Hillary Freeman of Freeman Law Offices, LLC will sit with you for a 20 minute personal review. Please bring a copy of your IEP. and sign up online.

Register at SchaferSports.com

April 28, 6:00 - 9:00 pm

## Soccer Tournament TO BENEFIT POAC

#### **Come out and show your support**

Gather a team of family, friends, or coworkers and enjoy a friendly soccer tournament for a great cause.

\$40 registration fee and all proceeds go to POAC.

Register at SchaferSports.com



Saturday, April 15, 1:30 pm Hopewell Public Library

# The Benefits of Exercise and Gross Motor Activity for Special Needs Children

Shannon Schafer, owner of Schafer Sports Center, located on Graphics Drive in Ewing, will share her experiences of working with children on the Autism Spectrum. She will discuss the importance, as well as the benefits of exercise and gross motor activity for individuals with special needs. Shannon will provide information regarding the gymnastics and swim programs offered to the community at the brand new sports activity center.

No Registration Required.

#### **Facilitator Bios**

Karissa McHugh Null, is a licensed and board certified Pediatric Occupational Therapist, having earned her Masters Degree in Occupational Therapy from Temple University in 2007. Karissa currently works as the acting Clinical Supervisor for her agency in Philadelphia county, and provides Early Intervention Services to the 0-5 year old population of children in and around the city of Philly. Years before pursuing her graduate degree in Occupational Therapy, Karissa spent over two decades of her life as part of the Schafer's Gymnastics community. Her love of the sport of gymnastics, with its rich foundations in anatomy, physiology, kinesiology, and movement expression, combined with an inherent desire to work with children, lead her to find Occupational Therapy.

Hillary D. Freeman is deeply committed to her work representing people with disabilities and their families. As the sister of a man with autism, she is able to combine personal experience with her legal training to help families advocate for services and supports. She has experience representing clients in special education and Section 504 issues, higher education issues including accommodations on high stakes testing and graduate school admissions tests, guardianship matters, estate planning and adult services.



S C H A F E R
S P O R T S
C E N T E R

Kids First and Families Always Matter

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All activities are led by professionals who have experience working with families and children with special needs. Autism Awareness month offers opportunities for children and families to learn and grow together, encourage social interaction for children and networking opportunities for parents.

April 1, 4:30 - 6:30 pm

# Autism Awareness Month KICK-OFF

Join us as we kick-off our support for **Autism Awareness Month** with a host of free activities for families of those with special needs.

Obstacle course, Trapeze, Trampoline, Turf Time, Arts & Crafts, food, games and more.

Register online at www.POAC.net

This event co-sponsored by Schafer Sports Center and



April 11 & 12, 9:00 am -1:00 pm

## 1/2 day Camp SPECIAL NEEDS

Looking for specialty activities for your kids? Schafer Sports is open when school isn't. We offer this half day camp on Tuesday and Wednesday.

Register online at SchaferSports.com

April 11 & 13, 4:30 - 5:45 pm

# Swim Evaluations SPECIAL NEEDS

On Tuesday and Thursday evening Shannon Schafer will conduct Swim Evaluations so that we can better understand your child and their needs. This will allow us to work with you in creating a program specifically for them. Available times are 4:30pm, 4:45pm,5pm,5:15pm,5:30pm,5:45pm on each day.

Register online at SchaferSports.com

April 14, 6:30 - 8:30 pm

Schafer Sports Center and POAC present

### **Teen Dance**

Join us for socializing with friends, lots of fun, games, prizes, music, food and more. For Youth 13 +. Flat shoes or sneakers only.

Register online at SchaferSports.com

April 22, 6:00 - 9:00 pm

# Parents Night Out

This evening gives you the opportunity to have a relaxing night sans kids, while your children have an amazing night in. We provide gymnastics, trapeze, trampoline, pizza dinner, and group games.

Register online at SchaferSports.com

April 22, Saturday

### **Sensory Workshops**

Karissa McHugh-Null\*, will join us for a day of sensory processing development which will focus on 3 major touch senses (tactile, proprioceptive, and vestibular). 2-4 year olds 11 am -12 5-7 year olds 1 - 2 pm Register online at SchaferSports.com



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